

EARLY LEARNING

Early Childhood Family Education • Birth to Pre-Kindergarten • Winter/Spring 2023

COTTAGE GROVE | NEWPORT | ST. PAUL PARK | WOODBURY | AFTON | DENMARK | GREY CLOUD ISLAND



**Enrollment
Opens Nov. 28**

Winter/Spring
semester begins
Jan. 31

SoWashCo
COMMUNITY EDUCATION

Opportunities for infant, toddler and preschool-aged children and their families.

Where families play, learn and grow together.

CONTACTS AND LOCATIONS

Enrollment Questions

All Sites 651-425-7181 or 651-425-7160

Site Locations

Liberty Ridge Site II (LR2) - Early Learning Main Office

11283 Eagle View Blvd., Woodbury, MN 55129

Office Hours 7 a.m.-4 p.m.

Site Coordinator

Beth Quist 651-425-7163

District Program Center (DPC)

8400 E. Point Douglas Rd. S., Cottage Grove, MN 55016

Site Coordinator

Ann Mockenhaupt 651-425-6636

Valley Crossing (VC)

9900 Park Crossing, Woodbury, MN 55125

..... 651-425-7160

Early Learning Contact Information

Community Education Director

Bob Lawrence 651-425-6601

Early Childhood Family Services Manager

Joyce Beaird 651-425-6625

Liberty Ridge Site II (LR2) and Early Childhood Family Education (ECFE) Outreach Coordinator

Beth Quist 651-425-7163

District Program Center (DPC) Site and Early Childhood Screening Coordinator

Ann Mockenhaupt 651-425-6636

Early Childhood Screening Appointments

..... 651-425-6175



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WHAT IS EARLY CHILDHOOD FAMILY EDUCATION (ECFE)?

Early Childhood Family Education (ECFE) is a family education program that is only offered through Minnesota school district Community Education programs like SoWashCo Community Education. ECFE's goal is to support and enhance the ability of parents and other caregivers, through community and early school connection, to provide the best possible environment for their child's learning and growth. Other benefits of ECFE:

For Parents:

- Support and information for parents during the transition to parenthood and through the various development stages up to kindergarten
- Meeting other families with young children in your community
- Becoming familiar with South Washington County Schools (SoWashCo Schools) before your child enters kindergarten

For Children:

- Focused time with their parent to learn and explore in an early childhood environment
- Social skills developed in interaction with other young children in a rich early childhood environment
- Gain familiarity and comfort in a school setting prior to kindergarten

Our ECFE program provides a variety of opportunities that support foundational learning, parent involvement and the healthy development of children, including:

- Parent/Child Classes with Parent Discussion
- Parent/Child Activity Classes
- Family Events
- Home and Phone Consultation Opportunities for Parents
- Community Connections
 - Woodwinds Hospital
 - Washington County Libraries
 - Washington County Childcare
 - WIC
 - Headstart

ECFE is a partially State funded program and as a result the district is able to offer universal access based on a sliding fee scale. All families will have access to the program and no one is turned away for the inability to pay. Please see more information on [page 12-13](#).

What Can I Expect When Enrolling in a Typical ECFE Class?

1. Parent/Child Interaction

During this time, parents and children will participate together in fun age-specific activities that support foundational learning all planned by a licensed school district early childhood teacher.

2. Parent Discussion Time

Parent discussion provides an opportunity to connect with other parents in a supportive environment. You will discuss and gain relevant information on topics related to supporting children's growth and development as well as group-generated topics. A licensed school district parent educator facilitates the parent discussion.

3. Early Childhood Education

As parents participate in parent discussion, children are participating in age-appropriate learning activities planned by a licensed school district early childhood teacher. The activities that your child will participate in are intentionally planned to support social and emotional skills, language and literacy, creativity, cognitive physical and motor development.



INFANT CLASSES



New Parent Connection Drop-In Virtual or On-site Classes (*Free*)

If you are a new parent in our school community, register and join us! This popular class is facilitated by an ECFE certified infant specialist/licensed parent educator and is a collaboration with Woodwinds Hospital. In this drop-in style class, you will be able to connect with other new parents, ask questions and share ideas related to adjusting to a new baby, feeding, sleeping and more. **For more information or the link to join the virtual class, please call the Early Learning office at 651-425-7181. Parents and children do not separate for the on-site class.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS
B-4 mo	T	11:30 a.m.-12:30 p.m.	Virtual	Ongoing	Ongoing
3-12 mo	T	4:15-5:15 p.m.	Virtual	Ongoing	Ongoing
B-4 mo	M	12:30-2 p.m.	On-site at LR2	Ongoing	Ongoing
3-12 mo	M	4:15-5:30 p.m.	On-site at LR2	Ongoing	Ongoing

Babies, Babies, Babies!

In this class you will connect with other new parents, ask questions and share ideas related to adjusting to a new baby, feeding, sleeping and more. Share the joy of experiencing milestones as your babies grow together throughout this full semester class with an ECFE certified infant specialist/licensed parent educator. **Parents and children do not separate for this class.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
5-12 mo	M	10:30 a.m.-12 p.m.	LR2	2/6/23	13	LRW003-1

Babies, Books and Music – Short Series Class Sessions

Explore the fun and value of books and music with your baby. Research has shown that early exposure to books, language and music builds a strong foundation for language development, reading and math. Please note that each session will cover materials from the same six to eight-week curriculum. **Parents and children do not separate for this class.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-12 mo	M	8:45-10 a.m.	LR2	1st Session: 2/6/23	6	LRW002-1
				2nd Session: 4/10/23	7	LRW022-1
B-12 mo	T	6-7:15 p.m.	DPC	1st Session: 1/31/23	8	DPW001-2E
				2nd Session: 4/11/23	8	DPW021-2E

TODDLERS/TWOS CLASSES



Toddlers and Twos

Toddlers and young-two-year-olds are on the move and gaining independence as they explore the world around them. Licensed early childhood teachers will provide age-specific and fun learning activities just for toddlers and twos. In these classes, a licensed parent educator provides a discussion time which includes sharing information about topics such as: temperament, gaining cooperation, toilet learning and other group generated topics related to this stage of development. **Parents will move to a separate area for discussion time. Except for the 16-30 month class in which parents and children do not separate.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-24 mo	T	8:30-10 a.m.	LR2	1/31/23	17	LRW102-2
16-30 mo*	T	10:30-11:45 a.m.	LR2	1/31/23	17	LRW103-2
12-24 mo	W	10:30 a.m.-12 p.m.	LR2	2/1/23	17	LRW104-3
16-30 mo	TH	10:30 a.m.-12 p.m.	LR2	2/2/23	17	LRW107-4
12-24 mo	F	8:45-10:15 a.m.	DPC	2/3/23	14	DPW101-5
24-36 mo	F	9-11 a.m.	LR2	2/3/23	14	LRW204-5
24-36 mo	F	10:45 a.m.-12:15 p.m.	DPC	2/3/23	14	DPW201-5
16-36 mo	W	6-7:30 p.m.	LR2	2/1/23	17	LRW105-3E

*This is a parent/child activity class without parent discussion.

MULTI-AGE CLASSES



Birth to Five Years

Multi-age classes bring children ages birth-5 years together in a class to learn and play. This class provides the opportunity for siblings to attend the same class together. A range of parenting topics and activities designed for all levels of learning can be expected. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	M	8:30-10 a.m.	LR2	2/6/23	13	LRW502-1
		10:30 a.m.-12 p.m.				LRW503-1
B-5 yrs	T	10:30 a.m.-12 p.m.	LR2	1/31/23	17	LRW504-2
B-5 yrs	W	10:45 a.m.-12:15 p.m.	DPC	2/1/23	17	DPW501-3
		6-7:30 p.m.	LR2			LRW506-3E
B-5 yrs	TH	8:30-10 a.m.	LR2	2/2/23	17	LRW507-4

Birth to Eight Years

This multi-age class brings young elementary student(s) and preschool children together to engage in fun educational activities. This class provides the opportunity for siblings to attend the same class together. A range of parenting topics and activities designed for all levels of learning can be expected. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-8 yrs	M	6-7:30 p.m.	LR2	2/6/23	13	LRW713-1E

Learning Through Movement

In this class we will explore fun sensory and motor activities that support early childhood development. Parents will be provided with information that link brain activity, movement and early learning. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	M	3-4:30 p.m.	LR2	2/6/23	13	LRW508-1

SPECIAL TOPIC CLASSES



Messy Art

Dress for mess and artistic success! Young children are free to smear, squeeze, splatter and otherwise explore artistic possibilities in our sensory tables, writing tables and giant paper painting fun. Storybook sharing inspires new ideas and creativity as children work with a variety of materials. Parenting topic sessions will include an emphasis on the art process as well as other parenting topics selected by the group. Get ready for a messy good time! **During the Wednesday class parents will move to a separate area for discussion time. During the Friday class parents and children do not separate.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2.5-5 yrs*	F	9-10:15 a.m.	LR2	2/3/23	14	LRW709-5
2.5-5 yrs	W	6-7:30 p.m.	LR2	2/1/23	17	LRW708-3E

*Non-separating class without parent discussion. A parent educator will be available for consult.

STEM for Preschoolers

Our STEM (Science, Technology, Engineering and Math) class will provide fun hands-on activities that foster child's sense of curiosity about the natural world around them. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-5 yrs	M	6-7:30 p.m.	LR2	2/6/23	13	LRW714-1E

Just Grandma/Grandpa and Me

This class provides a great opportunity for grandparents to interact with their grandchildren in a fun learning environment. Grandparents will also gain ideas for take-home play and meet other grandparents in the community. **Grandparents and children do not separate for this class.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	T	8:30-10 a.m.	LR2	1/31/23	17	LRW705-2

ECFE 2.0

If you are a veteran Early Childhood Family Education (ECFE) parent, this class is for you! Discussions are centered on information that goes beyond the traditional. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	Th	10:30 a.m.-12:30 p.m.	LR2	2/2/23	17	LRW509-4

SPECIAL TOPIC CLASSES

Music and Movement

Movement is crucial to young children's development. This class provides a time for parents to participate in movement activities with their child while discovering the connection of movement to learning. You will also gain fun ideas for supporting your child's active learning and physical health. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
16-30 mo	T	10:30 a.m.-12 p.m.	LR2	1/31/23	17	LRW706-2
2-5 yrs	F	11:30 a.m.-12:45 p.m.	LR2	2/3/23	14	LRW707-5

Sensory Play for Every Day

This class will provide you with fun sensory activities to explore in class with your child and ideas for sensory fun at home. You will also be provided with information related to your child's development and the importance of sensory experiences for young children. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-30 mo	W	8:30-10 a.m.	LR2	2/1/23	17	LRW710-3

Young Parents - parents up to age 24 (*Free, registration required*)

Join us for dinner and discussion with other young parents in our community. This class will provide parent/child learning activities, early childhood education for your child and support and connection for parents. Class meets twice per month.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	Th	5:30-7:30 p.m.	DPC	2/9/23	Ongoing	DP717-4E

ECFE Friends Preschool Transition Class

Facilitated by a licensed early childhood teacher and a licensed parent educator, this class is a supportive transitional experience for young preschoolers. This two-day experience includes one day for parents and children to attend together and one day for a child only preschool experience. **Parents will move to a separate area for discussion time.**

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
31-36 mo	M	9-11 a.m.	LR2	2/3/23	13	LR206-1
	*W	9-11 a.m.		2/1/23	17	
31-36 mo	T	9:30-11:30 a.m.	DPC	1/31/23	17	DP205-2
	*Th	9:30-11:30 a.m.		2/2/23	17	

*Child-only day

FIELD TRIPS AND SPECIAL EVENTS

“Maybe” – Stages Theatre Company

An expansive portrayal of the endless potential in us all! A dance-inspired, original musical about the magical immeasurable possibilities that make up who we are and what we can do. From the award-winning author of “What Do You Do with an Idea?”, comes the story of everything that makes us unique. In collaboration with Escalate Theatre and Dance Studio. **Children must be registered and be accompanied by a registered adult.**

Deadline to register: Dec. 21, 2022

Event #: FT3

When: 10 a.m., Wednesday, Jan. 25, 2023

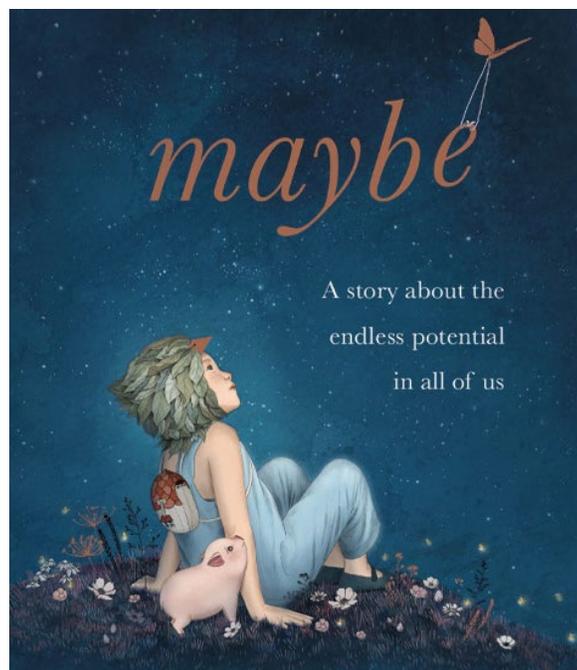
Where: Stages Theatre Co., Hopkins

Age: All Ages

Cost: \$20/person (includes transportation and ticket)

Bus departs from the DPC
8:45 a.m.

Bus returns to the DPC
12 p.m.



Drop-In Play Sessions (*Free*)

Drop-In Play sessions provide the opportunity for you and your child(ren) to pop in for some parent/child ECFE fun. Most sessions are weekly and run from September through May based on the ECFE program calendar. Registration is not required and sessions are free. **Space is limited to 14 children per session.** **These sessions are non-separating.** For on-site and virtual infant drop in sessions, please see the New Parent Connection on page 4.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS
B-5 yrs	M	11:30 a.m.-12:45 p.m.	LR2	Ongoing	Ongoing
	W				
	F				

*Drop-in play will not occur on the following dates: Jan. 2, 16, 23-30; Feb. 20; March 6-13; April 7, 21; May 29.

ECFE REGISTRATION INFORMATION



Early Childhood Family Education (ECFE) Online Registration Process

Enrollment for Early Childhood Family Education (ECFE) classes begins on Nov. 28 and ends Dec. 9. Random, computer-generated class placement will begin Monday, Dec. 12. After this date, classes will be filled on a first come, first served basis. **To register visit sowashco.ce.eleyo.com.**

If you are in need of enrollment assistance or have questions, please call our early learning office at 651-425-7181 or 651-425-7160.

While creating your registration request, you will be able to indicate your class preference as well as make an alternative class selection. Payment information will be required during registration, however your payment will not be processed until your registration request is approved.

ECFE is a partially state funded program and as a result the district is able to offer universal access based on a sliding fee scale. All families will have access to the program, and no one is turned away for the inability to pay. Fee scales are located at the end of this document. **If you have questions regarding the fee scale, please call our early learning office at 651-425-7181 or 651-425-7160.**

Confirmations

Registration will be confirmed through email once all required information is complete. Please ensure that you provide a current email address during registration to ensure you receive updated ECFE communications.

Class Cancellation

If you decide to cancel a class without enrolling in a replacement class, the following refund policy will apply:

- If you cancel a class before the start date, a processing fee will be deducted from your refund.
 - Class Fee Range \$5-\$112 = \$5 processing fee
 - Class Fee Range \$113-\$240 = \$10 processing fee
 - Cancellation for the ECFE Friends class will incur a \$10 processing fee.
- If you cancel after classes begin, a pro-rated refund will be given up to four weeks into the class.
- No refunds will be given after the fourth week of classes.

Classes and sibling care with insufficient enrollment may be canceled prior to the class start date. If this occurs, you will be notified and a full refund will be provided.

No refunds or class make-ups will be made when classes are canceled due to emergency school closures.

Important Dates

Winter/Spring Semester Begins: Jan. 31, 2023
Last Day of Semester: June 1, 2023

No Class Dates

Feb. 20 President's Day holiday, no classes
March 6-10 Spring break, no classes
March 13 Teacher work day, no classes
April 7 Teacher prep day, no classes
April 21 Spring holiday, no classes
May 10 No Evening ECFE classes,
daytime classes in session
May 29 Memorial Day holiday, no classes
June 1 Last day of ECFE classes

ECFE REGISTRATION INFORMATION



The Purpose of ECFE and Eligible Participants

The purpose of the Early Childhood Family Education Program is to provide parenting education to support children's learning and development per Minnesota State Statute 124D.13. A parent or relative must attend ECFE classes with the child enrolled. Per ECFE statute, a relative is defined as noncustodial grandparents or other persons related to a child by blood, marriage, adoption, or foster placement.

Class Age Ranges

When reviewing the class offerings, you will find specified ages for each class. The age range pertains to the first day the class will begin. For example, a child enrolling in a toddler class with the age range of 12-24 months must be no younger than 12 months and no older than 24 months on the first day of class. The only exception is the ECFE Friends class in which the age range applies to Sept. 1, 2022.

Immunization Records and Birth Certificate

Minnesota state law requires that a current copy of your child's immunization record must be submitted to the ECFE office in order to complete your child's enrollment. In addition, South Washington County Schools requires a copy of your child's birth certificate to be on file.

Sibling Care

Sibling care is a fee-based option and is offered for siblings who are kindergarten age and younger. Registration in sibling care is required for siblings of children attending an age-specific class and do not meet the age range listed. Children that are age eight weeks or older must be registered for sibling care. Infants up to eight weeks of age may remain with parents in the classroom. **Please note:** if you are planning to attend an ECFE class with a child that is a sibling and will turn eight weeks within the class session, please register for sibling care to ensure appropriate staffing. The program is not able to serve drop-in sibling care needs.

Out of District Residents

Minnesota residents are eligible to take classes in any ECFE program throughout the State. If you live out of state and are interested in enrolling, please call our office at 651-425-7181 or 651-425-7160. Online registration is not available for participants living outside of Minnesota.

FEE SCALES

Class fees are per child and not per family. If you have questions regarding the fee scale, please call our ECFE office at 651-425-7181 or 651-425-7160.

17 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$139	\$173	\$208	\$277	\$121
	\$100,000-199,000	\$121	\$152	\$182	\$243	\$104
	\$75,000-99,999	\$104	\$130	\$156	\$208	\$87
	\$60,000-74,999	\$87	\$108	\$130	\$173	\$69
	\$45,000-59,999	\$69	\$87	\$104	\$139	\$52
	\$30,000-44,999	\$52	\$65	\$78	\$104	\$35
	\$29,999 and under	\$35	\$43	\$52	\$69	\$17

16 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$131	\$163	\$196	\$261	\$114
	\$100,000-199,000	\$114	\$143	\$171	\$228	\$98
	\$75,000-99,999	\$98	\$122	\$147	\$196	\$82
	\$60,000-74,999	\$82	\$102	\$122	\$163	\$65
	\$45,000-59,999	\$65	\$82	\$98	\$131	\$49
	\$30,000-44,999	\$49	\$61	\$73	\$98	\$33
	\$29,999 and under	\$33	\$41	\$49	\$65	\$16

15 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$122	\$153	\$184	\$245	\$107
	\$100,000-199,000	\$107	\$134	\$161	\$214	\$92
	\$75,000-99,999	\$92	\$115	\$138	\$184	\$77
	\$60,000-74,999	\$77	\$96	\$115	\$153	\$61
	\$45,000-59,999	\$61	\$77	\$92	\$122	\$46
	\$30,000-44,999	\$46	\$57	\$69	\$92	\$31
	\$29,999 and under	\$31	\$38	\$46	\$61	\$15

14 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$114	\$143	\$171	\$228	\$100
	\$100,000-199,000	\$100	\$125	\$150	\$200	\$86
	\$75,000-99,999	\$86	\$107	\$129	\$171	\$71
	\$60,000-74,999	\$71	\$89	\$107	\$143	\$57
	\$45,000-59,999	\$57	\$71	\$86	\$114	\$43
	\$30,000-44,999	\$43	\$54	\$64	\$86	\$29
	\$29,999 and under	\$29	\$36	\$43	\$57	\$14

13 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$106	\$133	\$159	\$212	\$93
	\$100,000-199,000	\$93	\$116	\$139	\$186	\$80
	\$75,000-99,999	\$80	\$99	\$119	\$159	\$66
	\$60,000-74,999	\$66	\$83	\$99	\$133	\$53
	\$45,000-59,999	\$53	\$66	\$80	\$106	\$40
	\$30,000-44,999	\$40	\$50	\$60	\$80	\$27
	\$29,999 and under	\$27	\$33	\$40	\$53	\$13

FEE SCALES

Class fees are per child and not per family. If you have questions regarding the fee scale, please call our ECFE office at 651-425-7181 or 651-425-7160.

8 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$65	\$82	\$98	\$131	\$57
	\$100,000-199,000	\$57	\$71	\$86	\$114	\$49
	\$75,000-99,999	\$49	\$61	\$73	\$98	\$41
	\$60,000-74,999	\$41	\$51	\$61	\$82	\$33
	\$45,000-59,999	\$33	\$41	\$49	\$65	\$24
	\$30,000-44,999	\$24	\$31	\$37	\$49	\$16
	\$29,999 and under	\$16	\$20	\$24	\$33	\$8

7 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$57	\$71	\$86	\$114	\$50
	\$100,000-199,000	\$50	\$62	\$75	\$100	\$43
	\$75,000-99,999	\$43	\$54	\$64	\$86	\$36
	\$60,000-74,999	\$36	\$45	\$54	\$71	\$29
	\$45,000-59,999	\$29	\$36	\$43	\$57	\$21
	\$30,000-44,999	\$21	\$27	\$32	\$43	\$14
	\$29,999 and under	\$14	\$18	\$21	\$29	\$7

6 WEEKS	FAMILY INCOME	1-HR CLASS	1.25-HR CLASS	1.5-HR CLASS	2-HR CLASS	SIB CARE
	\$200,000 +	\$49	\$61	\$73	\$98	\$43
	\$100,000-199,000	\$43	\$54	\$64	\$86	\$37
	\$75,000-99,999	\$37	\$46	\$55	\$73	\$31
	\$60,000-74,999	\$31	\$38	\$46	\$61	\$24
	\$45,000-59,999	\$24	\$31	\$37	\$49	\$18
	\$30,000-44,999	\$18	\$23	\$28	\$37	\$12
	\$29,999 and under	\$12	\$15	\$18	\$24	\$6

ECFE FRIENDS	FAMILY INCOME	MONTHLY	YEARLY	SIB CARE
	\$200,000 +	\$74	\$671	\$114
	\$100,000-199,000	\$57	\$514	\$97
	\$75,000-99,999	\$40	\$358	\$80
	\$60,000-74,999	\$34	\$303	\$62
	\$45,000-59,999	\$28	\$248	\$45
	\$30,000-44,999	\$22	\$202	\$28
	\$29,999 and under	\$16	\$147	\$10

HOME BASED SUPPORT

Early Childhood Family Education (ECFE) Parent Consultations provide an opportunity for families with children birth to eight years of age, to ask parenting questions or share their concerns with a licensed parent educator. Parent consultations are provided in-person, by telephone, or virtually.

Connect with us today for help with:

- Supporting children's emotional well-being
- Answering developmental questions
- Adjusting to life with a new baby in the home
- Connecting with community resources and much more!

Questions about ECFE Parent Consultations?

Contact our ECFE Outreach Coordinator at 651-425-7163 or request a parent consultation at bit.ly/2SPzt9v



Families Learning Together

1:20-3:50 p.m., Tuesdays, Wednesdays and Thursdays
at Liberty Ridge Site II (LR2)

South Washington County Schools (SoWashCo Schools) Early Learning program is now accepting registrations for Families Learning Together (FLT).

This class is for beginner and intermediate English language learning families with children birth to 5 years of age. In this class you can participate in supportive conversations with other parents and fun learning activities for you and your child. This class will include a parent discussion time, an early childhood education time, as well as parent/child time to learn and play together.

Transportation may be available upon request.

To register or for more information, please contact Katie Van Overmeiren at 651-425-7181 or kvanover@sowashco.org

Learn. Play.
Grow together.



\$0 This class is FREE!

PRESCHOOL



Preschool supports a child's social-emotional growth while also increasing skills in language, literacy and physical development for future success. Preschool offers a great environment where children can create important social connections with their peers. Families can enroll their children in classes with a parent/child day, a child-only experience, or a mixed ages classroom.

1. Highly Qualified and Caring Staff

All of our teachers have a four-year early childhood or related degree.

2. Curriculum and Assessment

Our academic curriculum is aligned to Minnesota State Standards and South Washington County Schools (SoWashCo Schools) curriculum, ensuring seamless transitions to kindergarten and beyond.

3. Four-Star Parent Aware

All of our preschool classes in SoWashCo Schools have been awarded four stars for quality by the Minnesota Parent Aware rating system. Find out more at www.parentaware.org

4. Your Child Will Experience the Joy of Learning.

Learn more at sowashco.org/preschool

EARLY CHILDHOOD SCREENING



Early Childhood Screening is required by the State of Minnesota for any child entering kindergarten in a public school and is provided free of charge. Screening is recommended at 3 years old and is a quick and simple check of how your child is growing and developing. If your child has not yet been screened and is between the ages of 3 and 4, please call our office to schedule an appointment at 651-425-6175 or go to: sowashco.org/screening

Please note: Early childhood developmental screening includes a vision screening that helps detect potential eye problems, but is not a substitute for a comprehensive eye exam.

Have questions on your child's development?

No two children develop, grow and learn in the same way or at the same pace. However, children do develop in certain predictable ways. To review developmental milestones, encourage healthy development, and learn additional resources for your child, visit Help Me Grow at www.helpmegrowmn.org

If you have questions about your child's development, or the milestones they are or are not achieving, please contact our office at 651-425-6121.



South Washington County Schools
 District Program Center
 8400 E. Point Douglas Rd. S.
 Cottage Grove, MN 55016

Looking for activities for the whole family?

SoWashCo Community Education offers an array of quality athletic and enrichment courses for all ages. These activities provide participants with the opportunity to pursue their interests, expand their abilities and improve social skills in a fun and safe environment.

View the Catalog
commed.sowashco.org/catalogs

Register Online
sowashco.ce.eleyo.com



Winter 2023
SoWashCo
 COMMUNITY EDUCATION
 COTTAGE GROVE | NEWPORT | EAST PARK | WOODBURY | AFTON | DEWANEY | GREY CLIFFS PARK



REGISTER ONLINE
 FOR ADULT & YOUTH CLASSES
 SOWASHCO.CE.ELEYO.COM

Visit commed.sowashco.org

Adult Enrichment

FEEL GREAT
 Creating a Life You'll Love - Megan Adams
 Do you sometimes feel like you're just going through the motions? Do you often feel like you're not fully engaged in life? This class is designed for you! You'll learn how to create a life you love by setting intentions, creating a vision board, and developing a plan for achieving your goals. This class is suitable for all ages and is a great way to start your New Year's resolutions.

Paint with a Heart - Molly Oleson
 Join us for a heart-pouring class where you'll create a heart-shaped artwork. This is a great way to express your feelings and create a beautiful piece of art. This class is suitable for all ages and is a great way to spend your free time.

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GYMNASTICS
 SoWashCo Community Education offers year-round evening and weekend classes for girls and boys ages 18 months to 18 years old. It is our goal to provide a positive fun and safe environment. We strive to develop self-esteem and physical fitness. Our program is suited for recreational, developmental and competitive gymnasts. We offer classes at East Ridge, Park and Woodbury High School. Check out the level descriptions and upcoming schedules and registration deadlines.

Registration Information
 • Registration deadline dates are posted online.
 • Gymnastic registration is due one week before the season begins. This will allow us to add to the roster and employ an adequate number of instructors so we can provide a safe and fun environment.
 • If you include a class registration through the registration deadline, a set course processing fee will be included from your registration.
 • Class cost is \$75.00 and up to \$50 processing fee.
 • No cash refunds. To make a change in the same season, please call us at least 2 weeks before the start of the season.
 • All cancellations must be made at least 2 weeks before the start of the season.
 • All cancellations must be made at least 2 weeks before the start of the season.

Youth Athletics and Park High School Gymnastics
 Park High School
 8000 Park Blvd
 Cottage Grove, MN 55016
 For questions contact
 Coach Kelly
 Kohnert

East Ridge High School Gymnastics
 East Ridge High School
 10000 East Ridge Rd
 Cottage Grove, MN 55016
 For questions contact
 Coach Kelly
 Kohnert